

Myracle Holloway
Los Angeles, CA

Tabbatha Mays at Spirits Landing is an amazing Life Coach/Therapist. She knows the true meaning of sisterhood. My ongoing sessions with her have been life changing. She has helped me to develop my personal skills, talents and discover great things about myself, but most importantly, I've had to put in the work. Because one thing's for sure, she's not going to do it for you. She's given me tools, books, and assignments to sharpen me. Her coaching technique has taught me how to create new and healthy patterns in my life and create a blueprint for myself so I can move forward.

I've watched barriers and walls that I had placed on myself because of past pain slowly come down. I've learned to be vulnerable and understand that life will always have its challenges, but it's up to me how I choose to handle those challenges. I have discovered that I AM the captain of my ship. I AM a leader and I AM stronger than I thought I was. I've learned to replace my "I CAN'T" with "I CAN and I WILL".

There is nothing like having a Life Coach/Therapist who pushes you, believes in you, and brings out the best in you. She shows you how to look within and tap into your highest, truest self. She is someone you can trust with your deepest stories.

It doesn't matter your race, gender or ethnicity! If you need a SAFE SPACE to deal with all your trauma and not be judged and you truly want to heal from the inside out, Tabbatha Mays is the one for you. Don't you think it's time to be the best version of yourself and deal with all those things holding you back from being your HIGHEST SELF. I know I AM a better woman today because of Spirits Landing and I AM forever growing and evolving. I couldn't see myself having any other Life Coach. She is truly a godsend. Don't just take my word for it, experience a life transformation for yourself.

— Myracle Holloway